



Health Careers In Alaska

www.HealthCareersInAlaska.Info

Dietitian

Registered Dietitians provide nutritional advice and training to individuals and groups. They promote sound nutritional practices to improve health and treat disease. Registered Dietitians may specialize in administration, clinical therapeutics, education, community nutrition, and research.

In rural Alaska, most dietitians have some clinical,

administrative, and educational responsibilities. Many work in hospitals where they manage the food service and provide consultation to physicians and patients on the special nutritional needs of patients. Others work for regional health corporations or governmental agencies and develop educational plans to improve the nutritional habits of the community, especially school children.

Dietitian Facts:

Where do dietitians work in Alaska?

In Alaska, dietitians work in hospitals, tribal health organizations, school districts, clinics, health clubs, private practices, nursing homes, WIC offices, and public health departments.

Educational Requirements

- Individuals considering a career in dietetics should have an interest in food, including food preparation, food science, agricultural science, education, and food-related health issues.
- Graduation from high school with coursework in math, science, and English.
- Completion of a four-year Bachelor's degree in dietetics or nutrition in an American Dietetic Association approved program.
- Students then complete a six to twelve month clinical, food service and classroom internship program in dietetics accredited by the American Dietetic Association (ADA). This internship prepares them to take the national registration exam.
- Some students enter a coordinated program that combines a four-year Bachelor's degree with the internship.
- Some students combine the internship with graduate school. These programs are generally at least 18 months in length and lead to a Master's degree.
- A Registered Dietitian (RD) is an individual who has met the education and experience requirements of the ADA and has passed a registration exam.

Hourly Wage Range:

\$17.30-\$39.78

(Mean \$28.75)

**based on Alaska DOL data*

Years in School:

4 years or more (after high school graduation).

Academic Programs in Alaska

University of Alaska Anchorage

Nutrition BS degree: <http://www.uaa.alaska.edu/ctc/programs/academic/culinary/nutritionbs.cfm>

Dietetic Internship: <http://www.uaa.alaska.edu/ctcnew/programs/culinary/>

UAF Interior Aleutians campus

Rural Nutrition Services Program: <http://www.uaf.edu/iac/programs/rural-nutrition-services/>

State Contact:

The Alaska Dietetic Association

President's email: janelle.gomez@yahoo.com

Web site: <http://www.eatrightalaska.org/index.html>

National Contact:

American Dietetic Association

Phone: (800) 877-1600

Email: education@eatright.org

Web site: <http://www.eatright.org>

